

BRIAN MCHUGH, MD

Board-Certified Neurosurgeon - McHugh Neurosurgery

Podcast Host - The House Call with Dr. Brian McHugh

ABOUT ME

I am a board-certified Neurosurgeon with fellowship training in minimally invasive spine surgery, spinal oncology, and scoliosis surgery in both children and adults.

After completing my residency at Yale University, I was the 'John Cobb' Fellow in Adult and Pediatric Scoliosis at the Hospital for Special Surgery.

From there, I went on to practice in the Washington DC area and became Chief of Neurosurgery at the INOVA Alexandria Hospital focusing on complex spine surgery and pain management.

I currently practice on Long Island, NY, where I live with my wife, three kids and our dog Mabel.



12K

WEBSITE HITS

data recorded since the website went live in 2021.



IG, TWITTER & SPOTIFY

trending up

4K

SURGERIES

estimated career total

About my practice

**MCHUGH
NEUROSURGERY**



At McHugh Neurosurgery, I combine my experience in minimally invasive spine surgery with scoliosis/deformity surgery to find focused solutions for conditions that are typically treated with much larger procedures.

In addition, I have established myself as an expert in the field of motion-preserving surgeries, namely disc replacement - a burgeoning field and an alternative to spinal fusion—when and where it is appropriate.

It is my privilege to treat patients of all ages with all sizes of spinal pathology and I hold the mantra 'Cura personalis' - meaning to 'treat the whole patient' - to heart by tailoring my conservative approach to each individual in an effort to optimize outcomes.

About the podcast

THE HOUSE CALL

House Call brings conversations between board-certified neurosurgeon Dr. Brian McHugh and top figures in the medical and wellness field to your streaming devices.

Join us as we interview physicians and researchers, coaches and athletes, patients and caregivers, and people from all walks of life sharing their personal journeys and experiences in and around wellbeing, science, and healthcare.

Tune in to The House Call, where we deliver knowledge, compassion, and inspiration directly to your ears.



EP 02
UNLEASHING
YOUR PHYSICAL
POTENTIAL

A Conversation with Dr. Kelly Starrett, DPT, about his new book and the 10 Essential Habits to Help You Move Freely and Live Fully



DR. BRIAN MCHUGH
BOARD-CERTIFIED NEUROSURGEON



2007
Georgetown University - Medical School

E D U C A T I O N

2011
Yale University, Dept. of Neurosurgery
Minimally Invasive Spine Fellowship

2014
Yale University, School of Medicine
Residency Hospital

2015
Hospital for Special Surgery, New York
John R. Cobb Spinal Deformity Fellow

2015 - 2019
Neurosurgeon/ Chief of Neurosurgery
INOVA Hospital, Alexandria, VA

2019 - present
private practice
Long Island, NY

GET IN TOUCH

CONTACT



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The House Call with Dr. Brian McHugh