

BRIAN J. MCHUGH

MD, FAANS, FACS

Board-Certified Neurosurgeon | Spine Specialist



*Advancing spine care
through surgical excellence,
education & media
engagement*

ABOUT DR. MCHUGH

Dr. Brian J. McHugh is a board-certified neurosurgeon specializing in **complex spine surgery**, with advanced training in minimally invasive spine surgery, spinal oncology, and scoliosis surgery in both children and adults. With **over 20 years of experience** and **more than 3,000 cases performed**, he is recognized for delivering highly specialized care tailored to each patient. He resides on Long Island with his family and their two dogs.



Castle Connolly Top Doctor - 2025 & 2026

Recognized among the nation's top 7% physicians through a peer-nominated selection process honoring excellence in care

TRAINING & LEADERSHIP

- **Yale University** Residency
- John Cobb Fellow, **Hospital for Special Surgery**
- Former Chief of Neurosurgery, **INOVA Alexandria Hospital**
- Director of the Spine Center, **Good Samaritan University Hospital**

DIGITAL REACH



87k Annual website interactions



800k Social Impressions



1M YouTube Views



Growing audience across web, social & streaming platforms

ABOUT THE PRACTICE



M C H U G H
NEUROSURGERY

At **McHugh Neurosurgery**, Dr. McHugh specializes in minimally invasive spine surgery, complex scoliosis and spinal deformity, and motion-preserving procedures such as disc replacement when appropriate. Guided by *cura personalis* (treating the whole patient), he prioritizes individualized, conservative treatment to optimize outcomes.

Locations across Long Island: Smithtown, Port Jefferson, West Islip, Commack & Bethpage

Medical Licensure: New York, New Jersey & Connecticut

ABOUT THE PODCAST



Hosted by Dr. Brian McHugh, **The House Call** features conversations with leading voices in medicine, wellness, science, and performance. Through interviews with physicians, researchers, athletes, patients, and caregivers, the podcast explores the human side of healthcare and the evolving landscape of wellbeing.

Available on Spotify, Apple Music & YouTube.



The House Call with Dr. Brian McHugh

GET IN TOUCH

CONTACT

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mchughneurosurgery.com



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